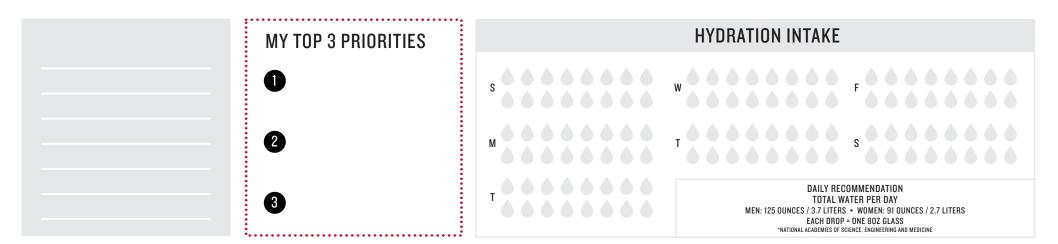


## JIMMY BUTLER'S WEEKLY PLANNER





DULE	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
. SCHEDULE	FOCUS	FOCUS	FOCUS	FOCUS	FOCUS	FOCUS	FOCUS
WORKOUT							
<b>МЕЕКLY WO</b>							
WEE							

MINDFULNESS	<b>REST &amp; RECOVERY</b>	REFLECTION			
SMTWTFS	S M T W T F S	ON ACTIONS LEVEL UP		THIS WEEK'S ACCOMPLISHMENTS	
READING	EATING RIGHT		YOUR		
		ON PERFORMANCE	AMBITION		
MEDITATION	MOVEMENT				
		AREAS FOR IMPROVEMENT	YEP!		
GRATITUDE	SLEEP		I'LL GET 'EM NEXT WEEK		